



Tackling The Text

Psalm 1: Your Walk

TEAM PROJECT

Have one member of your team read **Psalm 1** aloud while the rest of the group follows along. When the reading is complete, work with your team to answer the three questions below.

1. What is the main point being made in this Psalm?

2. Retell the story of the Psalm in your own words.

Verse 1 _____

Verse 2 _____

Verse 3 _____

Verse 4 _____

Verse 5 _____

Verse 6 _____

3. Which verse or statement did you find difficult to understand? See if your team can help you figure it out.

4. List three important applications we can make of this Psalm to our lives. Be very specific with your answers.

TEACHER'S GUIDE

Instructions: Divide your group into several teams and have them read Psalm 1 together. When the reading is complete, have the teams put together answers to each question. When everyone is finished, discuss their answers with the entire group. Below are some thoughts you can add to the discussion.

- Question #1 This Psalm confronts us with the simple choice that every person faces. Either we live life God's way, or we don't. Men are either righteous or wicked. But the path we chose will have a tremendous impact on how things go with us. To be specific, it will make a big difference in how happy we are during our time on earth.
- Question #2
- Verse 1: A man is truly happy if he does not go the places sinners go and does not do what sinners do.
Verse 2: The godly man loves God's word and spends time reading it constantly.
Verse 3: This choice makes every part of his life better.
Verse 4: Things do not go so well for the wicked. In contrast to the righteous man who is like a firmly planted tree, he's a rootless twig blown about by the wind.
Verse 5: Things will especially be bad for him when he has to answer to God for his conduct.
Verse 6: The righteous please God; the wicked perish.
- Question #3 Get feedback from your group
- Question #4 may
- Application (1) Don't buy Satan's lie that it's the sinners who are truly living life to the fullest. They are not! It appear that way for a moment, but over the long haul things are not better for them. Don't look at their lives and long for the evil things they are doing.
- Application (2) The only way to live a truly happy, fulfilled life is to live life God's way.
- Application (3) The only way to live life God's way is to spend time in His book every day.